

**What is claimed is:**

1. A method for forwarding an e-mail message from a disfavored e-mail address to a forwarding e-mail address via a remote e-mail forwarding computer having a unique e-mail address, the method comprising the steps of:

prescribing at least one disfavored e-mail address in the remote e-mail forwarding computer by a subscriber;

prescribing at least one forwarding e-mail address in the remote e-mail forwarding computer by the subscriber;

sending from a user to the remote computer an e-mail message addressed to an intended e-mail address;

receiving at the remote computer the e-mail message addressed to the intended e-mail address;

parsing the intended e-mail address from the e-mail message in the remote computer to determine if there is a disfavored e-mail address associated with the intended e-mail address; and

sending the e-mail message from the remote computer to a computer associated with at least one forwarding address if there is determined at least one disfavored e-mail address associated with the intended e-mail address.

2. A method as recited in claim 1 further including the step of sending an e-mail message to the user from the remote computer indicating that the e-mail has been sent to a forwarding e-mail address.

3. A method as recited in claim 1 further including the step of sending an e-mail message to the user from the remote computer indicating that the e-mail message was not forwarded to a forwarding e-mail address if a disfavored e-mail address is determined not associated with the intended e-mail address.

4. A method as recited in claim 1 wherein the parsing step includes the step of comparing the intended e-mail address to a look-up table to determine if the intended e-mail address is included as a said disfavored e-mail address in the look-up table.

5. A method as recited in claim 1 further including the steps of:  
sending the e-mail message from a user's computer to a computer associated with the intended e-mail address; and  
receiving the e-mail message at the user's computer with a message indicating that the e-mail message was not delivered to the computer associated with the intended e-mail address.

6. A method as recited in claim 1 wherein the sending step further includes the step of:  
sending the e-mail message from the remote computer to a plurality of computers each having an forwarding address associated with a disfavored e-mail address if there is determined at least one disfavored e-mail address associated with the intended e-mail address.